


Postural Health Sport and Beauty Therapy

Personalised pampering
just for you...

Price List 2015

01902 581 266

Price list 2015



Full Body Massage (1hour).....	£50
Sports Massage (30mins).....	£30
Indian Head Massage (1hour).....	£50
Indian Head Massage (45mins).....	£40
Spalassium Aromatherapy Massage (1hour).....	£60

Deluxe Manicure (1hour).....	£28
Deluxe Manicure with Shellac (1hour 15mins).....	£38
Perfect Maintenance Manicure (45mins).....	£23
Perfect Maintenance Manicure with Shellac (1hour).....	£33
Perfect 10-Fingers or Toes (25mins).....	£22
Men's Manicure (25mins).....	£18
Men's Deluxe Manicure (45mins).....	£22

Deluxe Pedicure (1hour).....	£32
Deluxe Pedicure with Shellac (1hour 15mins).....	£42
Perfect Maintenance Pedicure (45mins).....	£26
Perfect Maintenance Pedicure with Shellac (1hour).....	£36
Sportive Foot (45mins).....	£25
Removal of Shellac.....	£10
(reduced to £5 with reapplication)	

Pevonia

Skin Care Consultation Diagnosis and Lesson.....	£25
Express Facial (30mins).....	£30
Dry, Deeply Dehydrated Facial(1hour).....	£50
Sensitive Skin Facial (1hour).....	£50
Luminous & Oxygenated Anti-Aging Facial (1hour).....	£55
LymphAroma Facial Massage(1hour).....	£50
AromaPressure Point FacialMassage (1hour).....	£50
Gentleman's Facial (1hour).....	£50
Express Facial for him (30mins).....	£30

Hopi Ear Candles (1hour).....	£30
½ leg wax.....	£16
Full leg wax.....	£24
Bikini wax.....	£12
Eye brow shaping.....	£10
Eye brow tint.....	£10
Eye lash tint.....	£12
Lash and brow tint and brow shaping.....	£25

Please note a patch test is required 24 hrs before a tint

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www.sportandbeautytherapy.com